



Rykse's Breakfast

MORNING TRADITIONS

Served with your choice of our bakery fresh toast, muffin, or scone. Substitute a Rykse's cinnamon roll for \$1.25

Eggs, Any Style

two eggs any style, hash browns or rosemary redskins, your choice of bacon, sausage links, ham, or turkey sausage patties \$9.29

Three-in-One

two eggs any style, hash browns or rosemary redskins \$6.99

Two-by-Four

two eggs any style, your choice of bacon, sausage links, ham, or turkey sausage patties. \$7.69

Eggs & Toast

two eggs any style, your choice of bakery fresh toast, muffin, or scone \$5.29

SKILLET SCRAMBLERS

Our scramblers are prepared with farm fresh eggs and layered with crisp hash browns. Choose toast, muffin, or scone. Substitute a Rykse's cinnamon roll for \$1.25

Wild Scrambler

farm fresh eggs, green peppers, onions, sausage, potatoes, cheddar cheese \$9.49

Denver Scrambler

farm fresh eggs, peppers, onions, ham, Jack and cheddar cheese \$9.49

Asparagus Scrambler

eggs, asparagus, mushrooms, onions, low-fat mozzarella \$9.49

Avocado Bacon Scrambler

eggs, avocado, crisp bacon, tomato, white cheddar cheese \$9.49

RISE & SHINE OMELETTES

Served with hash browns or rosemary redskins, your choice of our bakery fresh toast, muffin, or scone.

Substitute a cinnamon roll for \$1.25

The Butcher Shop

diced ham, bacon, and sausage, jack and cheddar cheese \$10.99

Spinach Souffle

eggs, spinach, Americian cheese, onion, mushrooms, rice, sour cream \$10.79

Farmhouse Favorite

eggs, diced ham, bell peppers, onions, potatoes, Jack and cheddar cheese \$10.99

Supreme

eggs, onions, potatoes, diced ham, Jack and cheddar cheese, sour cream \$10.79

Garden Delight

eggs, diced tomatoes, mushrooms, onions, bell peppers, broccoli \$10.79

Sunrise

eggs, diced ham, mushrooms, Jack and cheddar cheese \$10.79

LITE MEALS

Lite # 1

one egg, one bacon strip, one sausage link, one slice of bakery fresh toast or pancake \$5.99

Lite # 2

mini cheddar cheese omelette, add one meat or vegetable, your choice of toast, muffin, scone \$5.99

Lite # 3

our homemade oatmeal, your choice of bakery fresh toast, muffin, or scone

\$5.99

substitute a cinnamon roll for \$1.25

HOT OFF THE GRIDDLE

A family recipe made from scratch! You stack'em to suit your appetite.

Pancakes

2 cakes 7.39 Add a cake 1.49 each

Meat choice 2.29

Blueberries .75 per cake

Cake & Egger

two eggs, 3 mini pancakes, your choice of bacon, sausage, ham, or turkey sausage \$10.79

French Toast

oatmeal bread in sweet egg batter, your choice of bacon, sausage, ham, or turkey sausage \$8.79

Lite French Toast

two slices of French toast, one egg, one bacon strip, one sausage link or turkey sausage patty \$6.29

Apple Bacon Pancakes

three mini pancakes, sauteed apples, crispy bacon, your choice of bacon, ham, sausage links, turkey patties \$8.99

Blueberry Raspberry Crunch Cakes

three pancakes, blueberries, raspberries, granola, your choice of bacon, ham, sausage links, turkey patties \$8.99

THE HEALTH CLUB

Old Fashioned Breakfast

*our homemade oatmeal, milk, brown sugar, fresh fruit or juice, your choice of muffin, scone, or toast. \$7.49
Substitute a cinnamon roll for \$1.25*

Beater Breakfast Sandwich

our 95% fat free grilled oatmeal bread, egg beaters, ham, low-fat mozzarella, fruit \$8.59

Sun Up Granola & Yogurt

vanilla yogurt, berries, banana slices, our homemade granola \$7.59

Lorraine Swiss Frittata

eggs, crispy bacon, swiss, green onion, hash browns, served with fruit, and your choice of muffin, scone, or toast \$9.69

Cilantro, Feta & Avocado Frittata

*egg whites, green onion, avocado, hash browns, cilantro, feta cheese
served with fruit, and your choice of muffin, scone, or toast \$9.69*

FOR KIDS

all kids breakfasts come with a beverage for children 10 and under

One egg, one bacon or sausage, toast 3.29

Pancake, one bacon strip or sausage link 3.49

Mini Ham & Cheese Omelette

*bakery fresh toast
3.59*

French Toast

bacon or sausage 3.39

Rykse Cinnamon Roll 2.89

Breakfast Wrap

eggs, ham, cheese, tortilla 3.49

DRINKS

Fountain Soda: Coke, Diet Coke, Sprite, Caffeine free Diet Coke, Dr. Pepper

Lemonade, Raspberry Lemonade

Orange Juice, Apple Juice, Tomato Juice

Tea: Iced or Hot

Milk: 2%, Skim, Chocolate

Lemonade, Raspberry Lemonade

Consuming raw or undercooked meats, poultry, seafood, or eggs may increase your risk of food borne illness.